

Our **Chef-for-a-Day** program is a fun way to make a generous contribution of your time and support to our families. These guidelines will help your group plan for a fun time at Ronald McDonald House.

♥ Get a group of 4-8 people together and call the Ronald McDonald House at 326-0060 to schedule a date and time to prepare a meal. Given that many of the children in the house may have a low tolerance to germs and bacteria, we ask that **children under the age of 12** refrain from visiting the house for this program.

♥ Decide what you would like to make. Please bring an appetizer (i.e. salad) and main dish; dessert is optional. If bringing beverages, please only bring juice (single serving containers only) or milk. Anything that can be stored and easily heated up is best since some families may be at the hospital during the actual mealtime.

♥ There are a number of options to provide meals. Monday thru Friday you may provide Dinner (served between 5:30-6:00) or Lunch (served at 12 noon). Saturday and Sunday you may provide Brunch (served at 10:30am) or Dinner (served between 5:30pm-6:00pm).

♥ You must call at least 2 days in advance to confirm the number of people who are staying with us. Since our occupancy varies from day to day, we try to align the needs with the number of people who are here. We will also be able to provide food suggestions.

♥ We serve meals buffet-style in the dining area so that people are able to serve themselves as their time allows. Many families stay at the hospital until the 8pm visitation cut-off. Our goal is to provide them a quick but comforting meal that fits their schedule.

♥ Please do not be disappointed if not many of the families come to your meal. Our guests spend a majority of their time at the hospital, and often return to the House to enjoy your meal late at night. We post the special events on a House calendar so people do know about the meals.

♥ The most important part of making dinner is to...HAVE FUN! We encourage you to stay and eat with the families. They enjoy your company, and appreciate the fellowship. Many groups enjoy incorporating themes and décor into their meal plan.

♥ The most important thing to remember is that when you provide a meal for our families, you are affording them precious time with their sick child. Our average family is allowed up to two full days' time with their child through the Chef for a Day program.

♥ Thank You for your support!

Ronald McDonald House Charities of Southern Arizona
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